

**5.11** ®

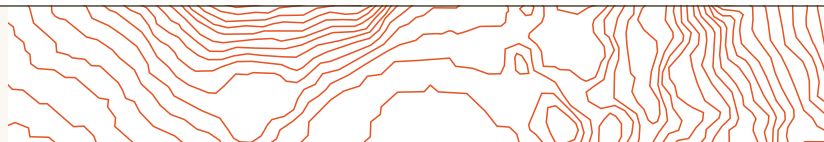
# ALL MISSIONS PLATE CARRIER

OPERATOR'S MANUAL

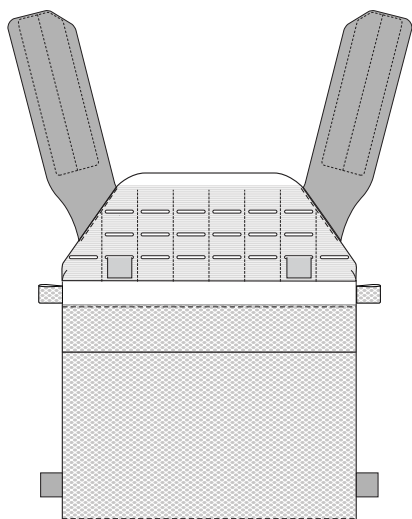


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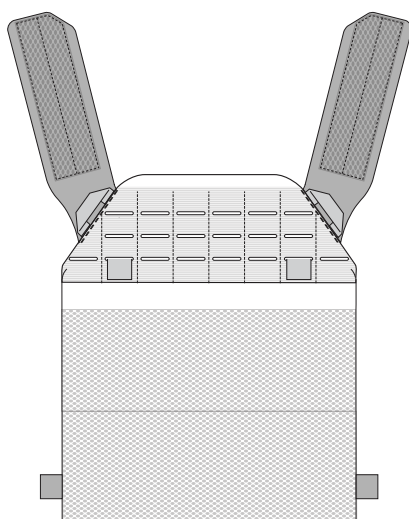
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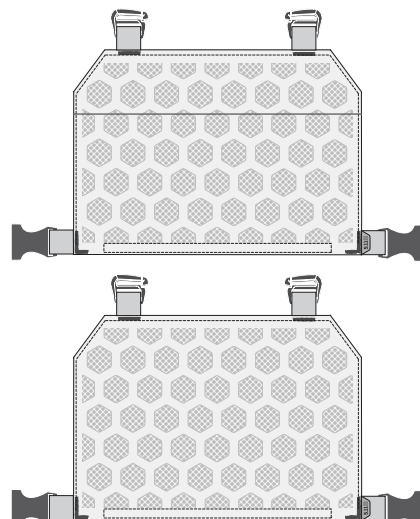




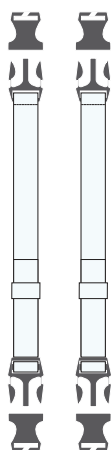
FRONT PLATE BAG



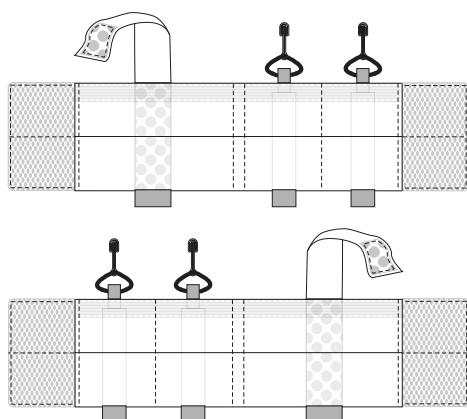
REAR PLATE BAG



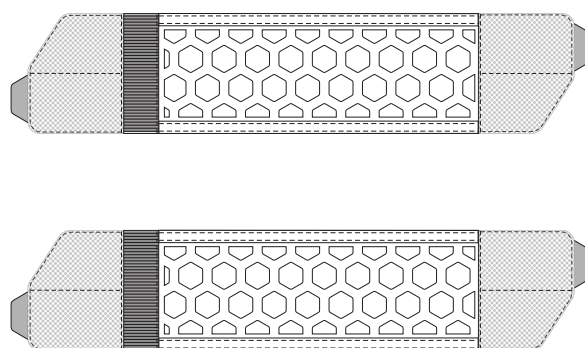
HEXGRID® 12X9 GEAR SET™ WITH POUCH  
HEXGRID® 12X9 GEAR SET™



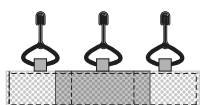
WEBBING WAIST STRAPS



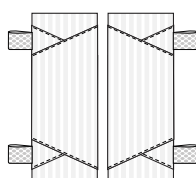
INNER CUMMERBUNDS



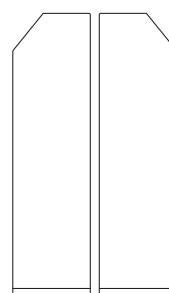
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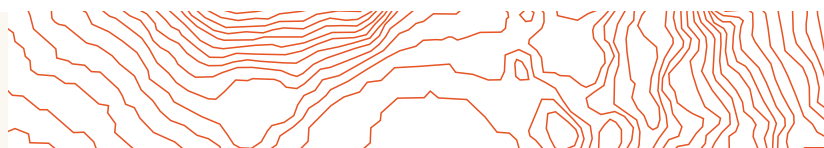
KANGAROO POUCH ADAPTOR



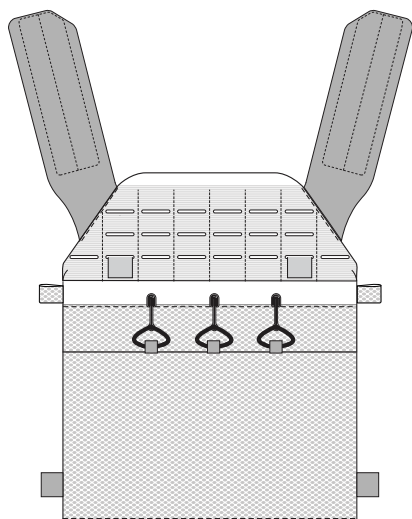
SHOULDER SLEEVES



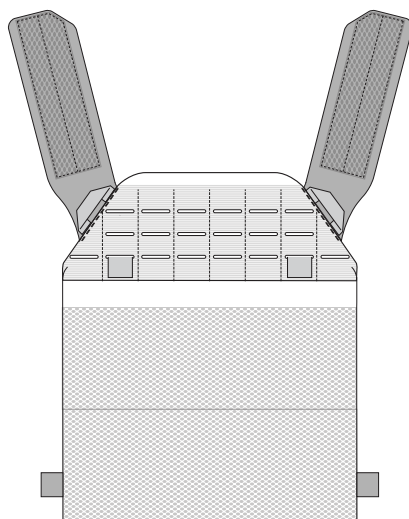
BODY PADS



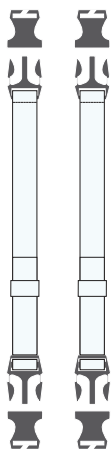




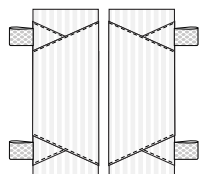
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+  
KANGAROO POUCH ADAPTOR



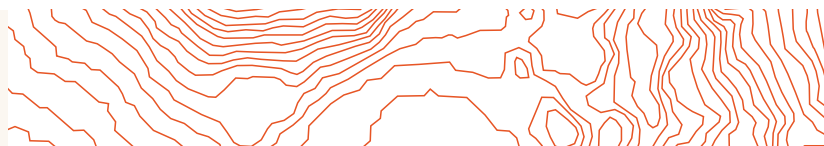
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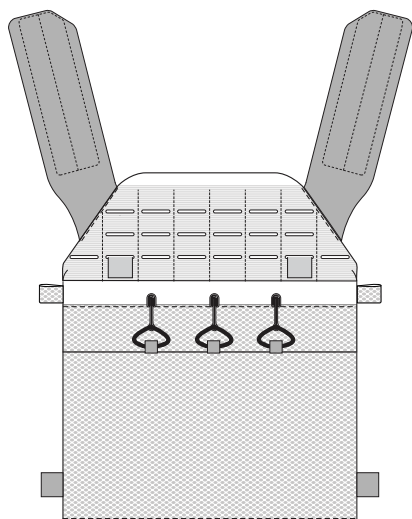
WEBBING WAIST  
STRAPS



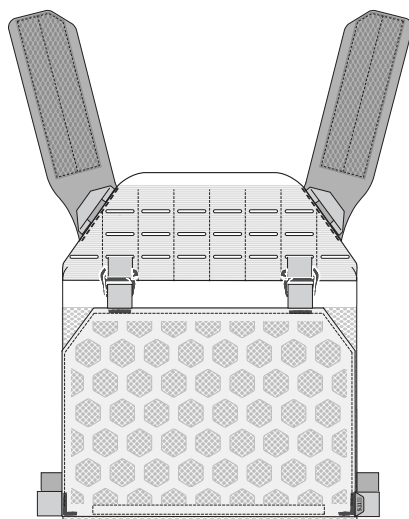
SHOULDER SLEEVES  
(OPTIONAL)



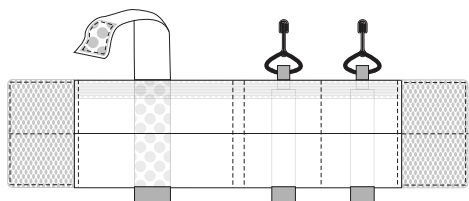




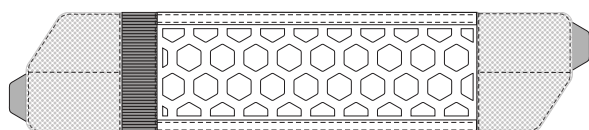
FRONT PLATE BAG  
+  
KANGAROO POUCH ADAPTOR



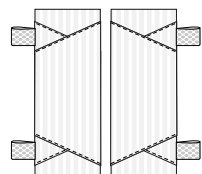
REAR PLATE BAG  
+  
HEXGRID® 12X9 GEAR SET™



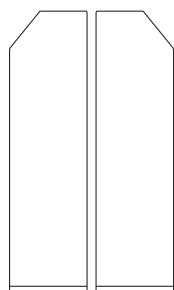
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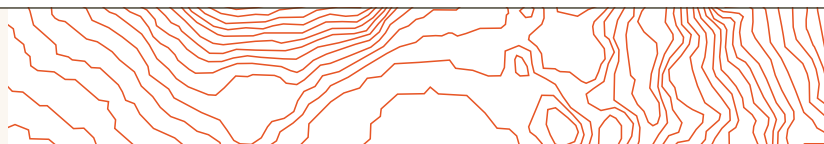
INNER CUMMERBUNDS  
OR  
OUTER CUMMERBUNDS



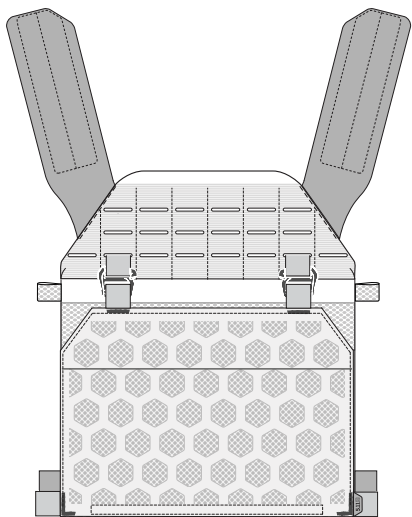
SHOULDER SLEEVES



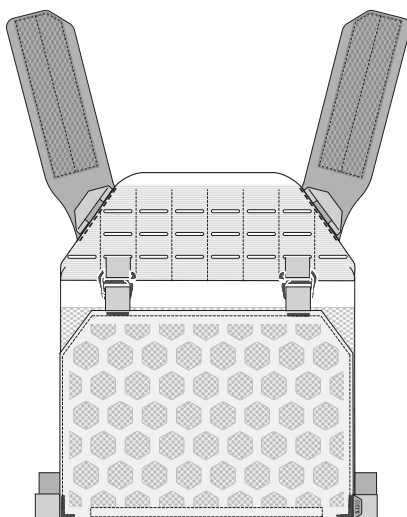
BODY PADS



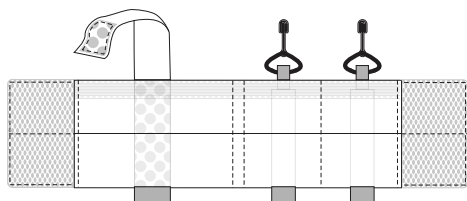




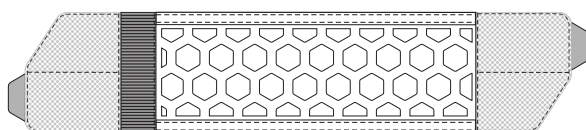
FRONT PLATE BAG  
+  
HEXGRID® 12X9 GEAR SET™ WITH POUCH



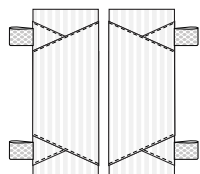
REAR PLATE BAG  
+  
HEXGRID® 12X9 GEAR SET™



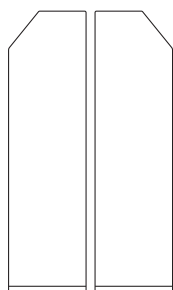
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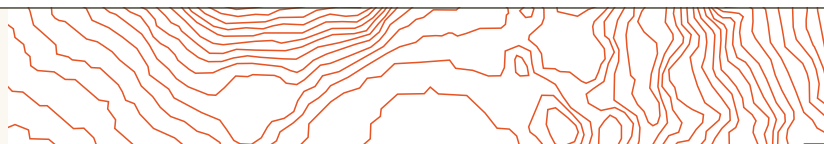
INNER CUMMERBUNDS  
AND  
OUTER CUMMERBUNDS



SHOULDER SLEEVES



BODY PADS





**PLATE INSTALLATION 01:**

- + Pull open the flap at the bottom of the plate bag

**PLATE INSTALLATION 02:**

- + Fold the flap over and allow the hook to stick to the loop to keep the flap in place

**PLATE INSTALLATION 03:**

- + Pull out the two vertical strips and lay them out flat

**PLATE INSTALLATION 04:**

- + Note the horizontal elastic band that spans the bag from left to right
- + Use this elastic band when using a plate narrower than the width of the bag for extra retention left to right

**PLATE INSTALLATION 05:**

- + Insert ballistic plate under or over the horizontal elastic band depending on your plate size

**PLATE INSTALLATION 06:**

- + Push the ballistic plate up into the top of the bag as far as it can go



**PLATE INSTALLATION 07:**

- + Wrap the vertical strap over the bottom of the plate and bring to the front
- + Push the strap towards the top to ensure the plate is at the top of the bag making sure not to engage the hook on the strap to the loop on the inside of the bag

**PLATE INSTALLATION 08:**

- + Once you have the vertical strap at the right location, hold it in place by pressing down on the plate and strap with one hand
- + With the other hand, push down on top of the bag where the strap is to connect the strap hook to the loop on the inside of the bag

**PLATE INSTALLATION 09:**

- + Tuck in the bottom flap and secure the hook and loop closure

**PLATE INSTALLATION 10:**

- + Repeat for the back plate

**PLATE INSTALLATION 11:**

- + Note the vertical strap includes an elastic webbing portion
- + The elastic portion provides shock absorption as you move

**PLATE INSTALLATION 12:**

- + If you want to use the elastic webbing for shock absorption, stretch the vertical strap to the desired length allowing some slack left in the non-elastic webbing (LEFT IMAGE)
- + If you don't, stretch the strap to its full length until the non-elastic webbing is fully taut (RIGHT IMAGE)



**KANGAROO POUCH ADAPTOR 01:**

- + Open kangaroo pouch on front plate bag or HEXGRID 12x9 Gear Set™ with Pouch

**KANGAROO POUCH ADAPTOR 02:**

- + With the hook side down, place the kangaroo pouch adaptor inside the pocket so that the top of the adaptor lines up with the top of the pouch

**KANGAROO POUCH ADAPTOR 03:**

- + Press the pouch down to connect the hook and loop on the top side of the adaptor

**KANGAROO POUCH ADAPTOR 04:**

- + Place mags in kangaroo pouch with adaptor and secure with bungee cord

**SHOULDER STRAP ADJUSTMENT 01:**

- + Pull back the sleeve to expose the overlapping shoulder straps

**SHOULDER STRAP ADJUSTMENT 02:**

- + Peel off one side of the shoulder strap



**SHOULDER STRAP ADJUSTMENT 03:**

- + Connect shoulder straps together at desired length

**SHOULDER STRAP ADJUSTMENT 04:**

- + Slide shoulder sleeve back over the two straps

**SHOULDER PAD REMOVAL 01:**

- + Pull back the sleeve to expose the overlapping shoulder straps

**SHOULDER PAD REMOVAL 02:**

- + Peel off one side of the shoulder strap and slide the sleeve off the strap

**SHOULDER PAD REMOVAL 03:**

- + Turn the shoulder sleeve inside out

**SHOULDER PAD REMOVAL 04:**

- + Locate the center slit and remove the foam
- + Turn the shoulder sleeve inside out again and install on shoulder straps



**WEBBING WAIST STRAP REMOVAL 01:**

- + The female side of the buckle has a split bar that allows the buckle to be inserted or removed

**WEBBING WAIST STRAP REMOVAL 02:**

- + Push back the hypalon loop to expose the split and remove the buckle

**INNER CUMMERBUND 01:**

- + Determine if you want to have the ballistic side plate pocket or the mag/radio pocket in the front

**INNER CUMMERBUND 02:**

- + Align the hook and loop panel (hook side down) of the inner cummerbund to the top of the kangaroo pouch and to the edge of the plate bag on the front bag

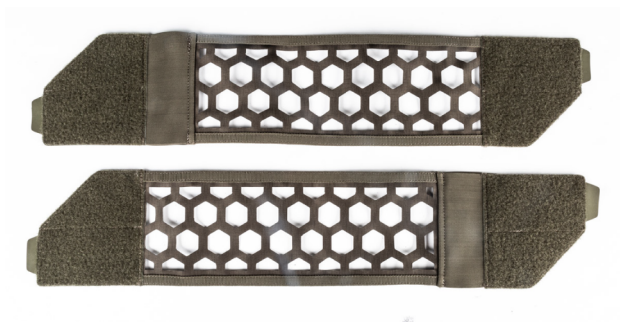
**INNER CUMMERBUND 03:**

- + Pull the cummerbund tight around your body and secure in the back
- + This will set the sizing / placement of the cummerbund in the back
- + They may overlap in the back depending on your fit preference

**INNER CUMMERBUND 04:**

- + Now that the back is set, you can get in and out of the carrier by opening only the front side of the cummerbund while ensuring the ballistic plate / mag pocket is in the correct location

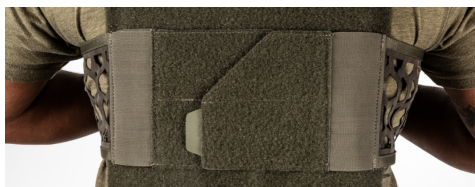


**OUTER CUMMERBUND 01:**

- + Note the full width hexgrids denote the "top" of the cummerbund
- + Locate the elastic band and note this is the rear side of the cummerbund and will connect on the back plate bag

**OUTER CUMMERBUND 02:**

- + Take the front side of the cummerbund and align the hook and loop panel to the top of the kangaroo pouch and to the edge of the plate bag on the front panel

**OUTER CUMMERBUND 03:**

- + Pull the cummerbund tight around your body and secure in the back
- + This will set the sizing / placement of the cummerbund in the back
- + They may overlap in the back depending on your fit preference

**OUTER CUMMERBUND 04:**

- + Now that the back is set, you can get in and out of the carrier by opening only the front side of the cummerbund while ensuring the front of the cummerbund is in the correct location

**GEAR SET™ 01:**

- + Locate webbing loops on front or back plate bag
- + Hook the G hook on both right and left sides

**GEAR SET™ 02:**

- + Once the Gear Set™ is hooked in, bring it down and secure the back/hook side on top of the loop panel and cummerbunds (if applicable) to secure in place



**GEAR SET™ 03:**

- + Press Gear Set™ down to engage hook and loop connection over entire panel

**DONNING / DOFFING 01:**

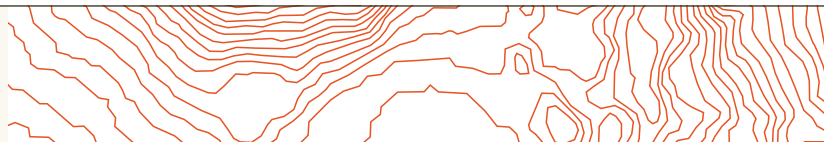
- + If you have a Gear Set™ attached, grab the bottom corner and pull up to the opposite corner

**DONNING / DOFFING 02:**

- + Grab the edge/corner of the cummerbund

**DONNING / DOFFING 03:**

- + Peel the cummerbund away and remove the plate carrier
- + If you are utilizing the webbing waist strap, unbuckle the buckle and remove the plate carrier



**GRABDRAG HANDLE 01:**

- + Locate the handle on the internal side / top of the back plate bag

**GRABDRAG HANDLE 02:**

- + This handle can be pulled out completely to aid in emergency exfiltration

**GRABDRAG HANDLE 03:**

- + To reinsert the handle, insert the bottom of the stiff portion and push all the way down

**BODY PADS 01:**

- + Body pads can easily be removed and placed back on by aligning the hook and loop strips
- + Set location of body pads at desired height